

University of Applied Sciences St. Pölten

Incoming Student Guide

Academic Year 2025/2026

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International Office

Last updated: 17 September 2025



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I. Studying at USTP

1. About USTP

Situated 60 km to the west of Vienna in Austria's oldest baroque town, USTP – University of Applied Sciences St. Pölten (USTP) was founded in 1996. It is an expanding institution of higher education with more than 4,000 students enrolled.



Campus St. Pölten – Copyright: Peter Rauchecker

You would like to know more about USTP? Click here for detailed information.

1.1. Institutional Data

Official name:	Hochschule für Angewandte Wissenschaften St. Pölten GmbH
English name:	USTP – University of Applied Sciences St. Pölten
Erasmus code:	A ST-POLT03
Erasmus University Charter:	83637-IC-1-2007-1-AT-ERASMUS-EUCX-1
Address:	Campus-Platz 1 3100 St. Pölten, Austria
Website: Facebook: YouTube: Instagram: ESN Group Instagram:	https://www.ustp.at/de, https://www.ustp.at/en https://www.facebook.com/ustp_hochschule https://www.youtube.com/ustp_hochschule https://www.instagram.com/ustp_hochschule http://instagram.com/esn_stp
Head of Institution:	FH-Prof. DiplIng. Dr. Alois Frotschnig Chairperson of the Board tel: +43 2742 313 228-601
Legal representatives:	FH-Prof. DiplIng. Hannes Raffaseder Chief Executive Officer (CEO) tel: +43 2742 313 228-616 FH-Prof. DiplIng. Johann Haag Chief Executive Officer (CEO) tel: +43 2742 313 228-631

1.2. International Office

The <u>International Office</u> is your first point of contact for everything pertaining to your student mobility at USTP – University of Applied Sciences St. Pölten. The USTP Incoming Student Coordinators will process your application and answer questions before, during, and after your mobility. process your application and answer questions before, during and after your mobility.

The International Office team offers support and advice for students, lecturers, staff, and researchers in all matters relating to internationalisation. It is also responsible for the implementation and realisation of international activities.

To contact the International Office, send an email to incoming students@ustp.at.

1.3. International Coordinators

The International Coordinators are your point of contact for any academic questions you might have before, during, and after your mobility at USTP – University of Applied Sciences St. Pölten. They consult incoming students on course-related matters, in particular with course selections, exams, etc. The International Coordinators work in close collaboration with the International Office which offers organisational and administrative support.

To contact an International Coordinator, click here for the contact details.

1.4. Academic Calendar

The academic year is divided into two semesters: a winter semester and a summer semester. At the beginning of each semester, USTP hosts <u>Orientation Days</u> for the incoming students. Depending on your study programme, the winter semester starts at the beginning / in the middle of September and ends at the end of January / at the beginning of February. The summer semester starts in mid-February and ends at the end of June / beginning of July.

Click here to access the latest academic calendar.

2. Studying

USTP runs bachelor and master degree programmes and a number of continuing education programmes in the fields of <u>Media</u>, <u>Digital Technologies</u>, <u>Communications</u>, <u>Management</u>, Informatics & AI, Security, Mobility Engineering, Health, and Social Sciences.

2.1. Full Bachelor and Master Degree Programmes

You would like to find out more about USTP programmes at the bachelor level? Click <u>here</u> to access the list of all bachelor degree programmes offered.

You would like to find out more about USTP programmes at the master level? Click <u>here</u> to access the list of all master degree programmes offered.

Access to classes taught in USTP study programmes might be restricted for incoming exchange students. If you are unsure whether selecting a specific class for your exchange semester in St. Pölten is possible, please send an email to incomingstudents@ustp.at for further clarification

2.2. English Semester Programmes

The primary language of instruction at USTP – University of Applied Sciences St. Pölten is German. However, USTP offers tailor-made semester modules for incoming exchange students that are taught in English.

- European Project Semester EPS (both winter and summer semesters)
- Interdisciplinary iLab iLab (winter semester)
- ICT Module (winter semester)
- Computing Module (summer semester)
- Spotlight on Digital Business I & II (both winter and summer semesters)
- English courses in Digital Healthcare (upon request)

You would like to access the detailed list of courses for incoming students? Click <u>here</u> for course descriptions and more about the English semester programmes.

2.3. Internships

If your stay at USTP – University of Applied Sciences St. Pölten includes a work placement, you should contact the <u>International Office</u> about it well in advance.

You will first have to find an internship place with a company or institution. Some departments can recommend institutions that have repeatedly recruited students from St. Pölten, e.g., for students of Social Work and Healthcare & Nursing. The Department of Computer Science and Security and the Department of Health Sciences have offered inhouse research internships in the past, depending on availability. Please note that in-house research internships are usually unpaid. Erasmus+ students might want to ask their home university for the possibility of receiving Erasmus+ funding for an internship abroad.

Please note that you need to have a very good command of German for most placements.

Depending on their residence status, students who are nationals of non-EU and EEA countries might need a work permit for their internship in Austria.

As it may take some time to find a suitable internship, we highly recommend that you start organising everything well in advance.

3. Application

You can find detailed information on our application procedure for incoming students <u>here</u>. Please note that your home university will need to nominate you via the USTP nomination link.

3.1. Nomination Deadline

- 30 April for the winter semester
- 30 April for the whole academic year (whereby students who are staying for one whole year must be nominated again for the summer semester)
- 31 October for the summer semester

3.2. Application Deadlines

- 15 May for the winter semester
- 15 May for the whole academic year
- 15 November for the summer semester

3.3. Letter of Acceptance

We will send a Letter of Acceptance to your home university (and a copy to you) as soon as we have processed all your application documents.

3.4. Learning Agreement

Visit our <u>website</u> to select courses for your learning agreement and follow your home university's learning agreement procedure. You can find our English semester programmes <u>here</u>. If you want to select subjects in German, please send a preliminary list of the classes you wish to take to <u>incomingstudents@ustp.at</u> before submitting your official Learning Agreement.

3.5. Changes to the Learning Agreement

After your arrival in St. Pölten, you still have the chance to change your Learning Agreement if you cannot attend a course due to, e.g., course overlaps or if the course does not correspond to your expectations. Changes to the Learning Agreement have to be completed by

- 30 September (winter semester) and/or
- 5 March (summer semester)

You cannot change your study programme after the dates mentioned above.

3.6. Language Requirements

The minimum language requirement for studying at USTP is B1 or higher according to the Common European Framework of Reference for Languages (CEFR).

Exchange students who select classes in German must prove that they have sufficient knowledge of German. Students who select classes in English must prove that they have

sufficient knowledge of English. If you are a native speaker of English or German and you exclusively selected classes in your native language, you are exempt from having to provide proof of your CEFR level in your native language.

USTP accepts internationally recognised language certificates such as

- PTE Academic
- TOEFL
- Cambridge
- IELTS
- Telc
- TOFIC
- UNIcert
- ÖSD-Zertifikat
- TestDaF
- Goethe-Zertifikat
- DSH
- DSD

We also accept a written confirmation of your proficiency level of German and English from an authorised staff member of your home university (language teacher, university's language institute, etc.). Please contact your International Office to find out whether your home university can issue such written confirmations.

If you are unsure whether your proof of language competency is admissible, please contact incomingstudents@ustp.at.

Please note that we at USTP **cannot accept** <u>OLS</u> test results, <u>Duolingo</u> tests, <u>EFSET</u> certificate, or similar testing formats as valid proof of language proficiency.

4. Onboarding and Enrolment

4.1. Orientation Days for Incoming Students

Each semester starts with the Orientation Days for Incoming Students. All exchange students are asked to attend the Orientation Days without fail. You can find the dates of the upcoming Orientation Days on our <u>website</u>.

4.2. Enrolment

The enrolment takes place on the first day of the Orientation Days. You will be enrolled in the degree programme in which you select the most subjects.

4.3. Timetable

The current timetable of all degree programmes and your personal timetable can be found in our <u>Campus Information System (CIS)</u>. We will send you your login data a few weeks prior to the start of your semester with us.

Please make sure to check the timetable regularly for any short-term changes.

If your personal timetable shows time clashes, if you add and/or delete courses, or if you change groups, please inform our Incoming Student Coordinators as soon as possible.

In the first session of each lecture/seminar/lab, please introduce yourself to the lecturer and check if your name is on the attendance list. If your name is not on the attendance list, ask the lectures to add it and inform the International Office.

4.4. Student ID Card

Student ID cards are issued during the Orientation Days. The student ID card (= Campus Card) can be used as a copy and printing card. We also recommend that you use your Campus Card to take advantage of reduced student prices for many attractions in Austria, like cinema tickets, theatre, sports club membership, etc.

In case you lose your Campus Card, you will need to pay € 10.00 to the Campus & Study Center to get a new one. If you break the card, the first replacement is for free as a gesture of goodwill, the second replacement costs € 10.00.

4.5. Tuition Fees

Erasmus students and students from partner institutions are normally exempted from tuition fees. Tuition fees are € 363.36 per semester. Higher tuition fees may apply to free movers from non-EU universities. You can find more information https://example.com/here/.

In addition to the tuition fees, a student contribution ("ÖH-Beitrag" of currently € 25.20) is collected by USTP on behalf of the <u>Austrian Students' Union</u> (ÖH). Upon payment of the Students' Union fee, you become a member of the ÖH and automatically enjoy a comprehensive accident and liability insurance. <u>Here</u> you can find out what exactly this insurance covers.

5. Examination Regulations, Assessment, and Grading

5.1. Examination Regulations

You can find the Examination Regulations in Part 2 (Study Law) of the Statute of USTP in the <u>download centre</u> on the website.

Examinations may take various forms: formal written or oral examinations, assessment of course papers, a combination of the two, or other means such as presentations during seminars.

5.2. Exam Period

The exam period for most degree programmes is in the last week of each semester (end of January / early February in the winter semester, end of June / early July in the summer semester) and in the first week of each term before teaching starts (mid/end of February for the winter semester, mid/end of September for the summer semester). Occasionally exams are held earlier.

If a course is blocked, exams are usually held right after the block. Exam dates are announced by the lecturers at the beginning of the semester.

5.3. Re-Sits

If a student fails an exam, they can re-sit the exam. If this is also failed, the student is examined by an especially appointed board of professors (= kommissionelle Prüfung). If this exam is not passed, the student must accept a negative grade.

5.4. Compulsory Attendance

Attendance in all classes (lectures, seminars, labs, etc.) is compulsory. If you fall short of the minimum attendance requirements, you cannot receive a positive grade.

5.5. Transcript of Records

At the end of your stay, you will receive a Transcript of Records listing all the subjects you attended at USTP and the grades you obtained.

It can take up to five weeks after you have submitted your last assignment or taken your last exam before your grade is entered into our system. As soon as all your grades are entered, our Incoming Student Coordinators will issue your Transcript of Records and send it to your home university.

6. Extracurricular Activities

6.1. Campus Sports

Incoming students are exempt from the membership fee for the sports club. They only need to pay the participation fee of $\le 15 - 50$ per semester. To register (and have this exemption), students must register at the <u>Campus Service Center</u> during the opening hours. For any questions, please contact <u>astsport@ustp.at</u>.

Click <u>here</u> to access the current sports programme.

6.2. Campus Media

USTP has its own television, print media, and radio channels.

Click here to find out more.

6.3. Language and Culture Programme for International Students

- German 1, 3 ECTS credits
 For learners without previous knowledge of German
- German 2, 3 ECTS credits
 For learners with some knowledge of German on the first basic user level of CEFR
- Scouting Austrian Culture, 3 ECTS credits in English
 Workshop sessions on Austrian culture including excursions

German language and Austrian culture classes are free of charge. Click <u>here</u> for the course descriptions.

6.4. Optional Subjects

To register for an optional subject, go to <u>CIS</u> > 'My CIS' > 'My registrations' and register online. Some optional subjects have an attendance fee of up to EUR 50.00, while others are free of charge. The registration for these courses must be done autonomously; the Incoming Student Coordinators are not able to register students for these courses (the only exception to this are the German and Language courses listed above as well as Campus and City Radio).

7. Student Associations

7.1. Austrian Students' Union (ÖH) St. Pölten

All students at USTP – University of Applied Sciences St. Pölten are members of the Austrian Students' Union (ÖH).

Click <u>here</u> to find out more about the St. Pölten section of the ÖH. To contact the ÖH St. Pölten representatives for internationalisation, write an email to intref.oeh@ustp.at.

7.2. Erasmus Student Network (ESN) St. Pölten

The <u>Erasmus Student Network St. Pölten (ESN)</u> is a subsection of <u>ESN International</u> – one of the biggest student associations in Europe. The ESN carries out a variety of activities with the international students, e.g., cinema evenings, picnics, boardgame nights, visits to museums, trips to Vienna and other Austrian places, etc. These activities are partially sponsored by the university and the costs of taking part are therefore usually affordable.

More information about the activities of the ESN in Austria can be found here.

7.3. Peers4You

Peers4You consists of an interdisciplinary group of students who made it their task to support other students. They are there for you and lend a helping hand in case of difficulties.

Click here for more information.

8. Facilities

In the autumn of 2021, USTP opened its new Campus building which features even more well-equipped new seminar rooms, modern studios and labs, self-learning zones, the Learning Café, and a large library with studying booths.

Click <u>here</u> to look at the new Campus St. Pölten.



Main Hall - Copyright: Peter Rauchecker

8.1. How to Find Us

Click <u>here</u> to find out where the Campus is located and how to find us. Access our <u>navigation guide</u> to find your way around the Campus St. Pölten.

8.2. Computer Services and Email

USTP – University of Applied Sciences St. Pölten has several computer rooms equipped with up-to-date technology. Students can use the computers in the computer rooms when no lectures are being held. On weekends and during the holidays, students can enter the computer rooms with their Campus Card 24/7.

You will receive your own email account at USTP and you can also use the WIFI. Please be aware that you are obliged to check your emails regularly during your entire stay at USTP,

as you will receive all important information and notifications by email. Please only use your USTP email account for communication with USTP staff members.

USTP has an e-learning platform called <u>'eCampus'</u>. Students are asked to carefully read the eCampus Manual to familiarise themselves with the USTP e-learning platform.

The <u>Campus Information System (CIS)</u> is used for administrative matters such as correcting student data, accessing grades, or checking timetables. Students are asked to familiarise themselves with the <u>CIS Guide</u> at the beginning of the semester.

WIFI is available all over the campus. You can find the WIFI Guide in the CIS.

Students receive a username and an initial password prior to the start of the semester. As soon as they have changed their initial password, they can use the same login data for their email, the CIS, eCampus, the computer rooms, and the WIFI.

8.3. Copy Machines and Printers

The student ID card (Campus Card) can be used as a copy & print card, in the student cafeteria, and in the library (rent books, magazines, DVDs – only after activation!). Your student ID card gives you access to the university building 24/7, to the laboratories (only for authorised persons) and the computer rooms.

Students are advised to consult the following manuals before using the copy machines and the printers:

- Printer Installation Guide
- Brief Instructions for Copying and Printing Devices
- Print Guide

8.4. Canteen

A meal costs at the canteen costs about $\leq 5.00 - \leq 8.00$. You can access the weekly meal plan and the canteen opening hours <u>here</u>.

8.5. Campus and Study Center

The Campus and Study Center (CSC) is in the main hall of building B. The CSC is responsible for general queries. You may find the opening hours and a list of their services here.

8.6. Gender and Diversity Management

Incoming students are asked to inform the International Office in advance about any special needs so that appropriate measures can be taken. There is a box in the application form for incoming exchange students where they can indicate any special needs.

The university building is equipped with lifts so that people with restricted mobility can access all floors and classrooms without any problems. All entrances of the building are also easily accessible.

The parking lot of USTP – University of Applied Sciences St. Pölten has parking space for people with physical impairments. Further information about gender and diversity matters can be found here.

8.7. Alumni Relations and Career Management

USTP Alumni Relations and Career Management offers advice and guidance for all students and alumni concerning matters such as the application process, career start, and business foundation.

Enrolled students can find vacancies on the job platform of the Career Building and Graduate Network. Click <u>here</u> to learn more.

8.8. Library

With a current stock of over 50,000 items, the library offers specialised resources to students of all study programmes taught at USTP. Click <u>here</u> to learn more about the library and access the opening hours.



Campus Library - Copyright: Peter Rauchecker

II. Living and Studying in Austria

9. All You Need to Know about Studying in Austria

Click <u>here</u> to obtain detailed information for international students who plan to study in Austria.

9.1. Austrian Grading Scheme

The Austrian education system has five grades.

Austrian Grading Scale

1 = Sehr gut/Very good

2 = Gut/Good
3 = Befriedigend/Satisfactory
4 = Genügend/Sufficient
5 = Nicht genügend/Not sufficient, Fail
met = Successfully completed
oet =Not completed

If you participate in a course regularly but do **not** fulfil the course requirements, you can only be awarded the grade 5 (Fail) or "Ohne Erfolg teilgenommen"/Not completed. Please note that in this case, your home university will not give you credits for this course.

Usually, 50% of available points must be obtained to pass an exam, but lecturers can set the limits according to their own requirements.

9.2. ECTS Credits

The European Commission has developed the <u>European Credit Transfer and Accumulation System' (ECTS)</u> for students who want to study abroad without 'losing time' in completing their degree. ECTS credits are used to compare learning achievements of different courses in European countries.

In ECTS credits, a year of study is represented by 60 credits, and six months by 30 credits. These credits are allocated to course units depending on the workload required to complete them. Credits are awarded only if a course has been completed and all examinations have been passed.

9.3. Financial Support for Students

For information on grants and scholarships for your stay in Austria, go to the <u>Austrian</u> <u>Scholarship Database</u> of the Austrian Exchange Service (OeAD) or consult our <u>website</u>.

9.4. Mental Health Support

 Austria has six Psychological Counselling Centres to help students start their university studies, assist them in their personal development, and provide guidance for academic and personal challenges. The closest Psychological Counselling Centre for students studying in St. Pölten is in Vienna. Professional mental health support is provided for free by clinical psychologists and psychotherapists.

Click here for more information.

 At USTP, trained student volunteers of Peers4You offer support to other students in difficult situations.

Click here for more information.

The free hotline for mental health emergencies in Lower Austria is 142.
 Click here for more information.

10. Accommodation

The International Office of USTP gives incoming students support in applying for a place in a student home in St. Pölten if desired. Students may also look for a flat or a shared flat independently. Please note that USTP cannot guarantee accommodation for exchange students.

There are three student dorms near USTP: 'Campus Domus', 'Wihast', and 'Campus Villa'.

10.1. Application for Accommodation in a Student Home

USTP has a number of rooms reserved for exchange students at the student dorms 'Campus Domus' and 'Wihast'. If you wish to live in one of the student dorms, tick the student dorm you prefer in the application form. We do not have any rooms reserved at 'Campus Villa'. Please contact Ms Krakowczyk directly if you want to live at 'Campus Villa'.

Rooms in the student homes are allocated on a first-come, first-serve basis. The sooner you send your application form, the better your chances of getting a room in the student dorm of your choice. In case all rooms reserved for exchange students in your preferred student

homes are allocated, our Incoming Student Coordinator will check if there is still a vacant room in the second student dorm. If both dorms are fully booked, you will have to look for private accommodation.

After filling out the application form, our Incoming Student Coordinators will inform you by email what to do to get the room in the student home. Please follow the instructions in their email carefully. It is important that you stick to all the deadlines and that you transfer the security deposit in time. Otherwise, the room will be given to another student on the waiting list. It is important to plan your arrival carefully and make sure to organise how to get your keys if you arrive outside the opening hours.

'Campus Domus'	'Wihast'	'Campus Villa'
Domus GmbH	Wihast Studentenwohnhaus	Campus Villa St. Pölten
Herzogenburger Straße 69	Herzogenburger Straße 36	Mühlweg 16
3100 St. Pölten, Austria	3100 St. Pölten, Austria	3100 St. Pölten, Austria
Contact:		
Ms Gisela Travnicek,	Ms Bettina Schütz	Ms Barbara Krakowczyk
tel. +43 (2742) 90 500	tel. +43 (2622) 88 408-199	Living City GmbH
E: anmeldung@campus- domus.at	E: heimstp@wihast.at	Mühlweg 16
	l:	3100 St. Pölten, Austria
I: www.campus-domus.at	https://www.wihast.at/en/dor mitories/student-dorm-st-	tel. +43 2742-37 732
	poelten/	E: office@livingcity.at

		I: https://livingcity.at/campus- villa/
Office hours:		
Mon–Thur: 8:00–12:00, 14:00–16:00 Fri: 8:00–12:00	Phone hours: Mon–Fri: 08:00–13:00	Contact Ms Krakowczyk to make an appointment if necessary.
The office is closed on weekends.		Phone hours: 09:00–13:00
Distance to university:		
5 minutes on foot	5 minutes on foot	2 minutes on foot
Rooms:		
3 students share 1 flat consisting of 3 single rooms, 1 shared kitchen, 1 shared bathroom, 1 shared toilet and anteroom. All rooms are equipped with cable TV access and internet access.	2 students share 1 flat consisting of 2 single rooms, 1 shared kitchen and dining corner, 1 shared bathroom, 1 shared toilet. All rooms are equipped with cable TV access and internet access.	 8 single rooms 2 single rooms with a double bed 4 double rooms Fully equipped kitchen: fridge, freezer, microwave, dishwasher, coffee machine, dishes
Included:Bicycle storage	The student home 'Wihast' provides rooms for students with special needs upon	incl. cutlery

Sports areaPing-pong table	request. Included:	Balcony on both floors, big park
 Laundry Extras: Parking place / garage 	 Common room Gym Table tennis Bicycle storage Extras: Laundry Garage 	 All rooms are equipped with cable TV and internet access. Panoramic lift Caretaker on site Extras: Finnish sauna (with prepayment meter) Washing machine and dryer (with pre-payment meter) Parking space (€25 per month); garage parking space (€75 per month)
The following items are NO	T included in the price:	
Blankets, pillows, bedclothes, dishes	Blankets, pillows, bedclothes, dishes	Blankets, pillows, bedclothes

Price per room per month:		
Single room: €350	Single room: €412	Single room: €450
plus one-off safety deposit: €700 (rent for 2 months) Lump sum for cleaning: €120 (to be paid at the end of your stay)	plus one-off safety deposit: €500 Lump sum for cleaning of the room: €80 (to be paid at the end of your stay)	Double room: €370 plus one-off safety deposit: €600 (minimum rental period 10 months)
Additional information:		
Campus DOMUS offers key lockers if you arrive outside the opening hours. Please contact Ms Travnicek in case you want to make use of the key deposits to receive more information.	WIHAST offers key lockers to offer you access to your rooms. Please contact Ms Schütz to receive a code to enter the lockers.	

10.2. Bed Sheets and Dishes

The following items are not available in the flats:

- blankets
- pillows
- bedclothes
- dishes

USTP International Office has a limited supply of dishes that can be borrowed by exchange students. To do so, please contact incomingstudents@ustp.at.

Here are a few suggestions on where you can buy bedding and anything else you may need for your flat:

• Möbelix and Momax: 1.3 km north of USTP, right beside the Traisenpark

shopping centre

Action:
 1.2 km north of USTP, south of the Taisenpark at the very

end of Herzogenburger Straße

JYSK:
 1.1 km north of USTP, opposite the Traisenpark shopping

centre

XXXLutz: 2 km south of USTP, close to Europaplatz roundabout

Interspar: 600 m south of USTP, occasionally has bedding but can be

expensive

10.3. Private Accommodation

Some students live in private rooms and shared flats which often appear on the market at short notice.

Students can use private search platforms to find additional housing possibilities:

- https://www.studenteninserate.at/rc/16-zimmer/26-niederoesterreich/43-st-poelten
- https://www.wg-gesucht.de/wg-zimmer-in-St-Poelten.517.0.1.0.html

Because of the language barrier and the small market for shared flats in St. Pölten, we do not recommend students to look for private accommodation if they do not speak German.

Many students also live in Vienna as the train ride between Vienna and St. Pölten is about 30 minutes. However, the commute is rather expensive. In general, we advise international students to search for housing options in St. Pölten – especially if they are coming from countries outside of the EU.

11. Insurance

We strongly advise incoming students to take care of insurance issues before their arrival in Austria.

11.1. Health Insurance

Austria has an excellent healthcare system. If you are staying in Austria for less than one year, you should find out if there is an agreement between your home country and Austria regarding health insurance.

Between most EU countries, there is a reciprocal health insurance system. You need to bring your <u>European Health Insurance Card (EHIC)</u> from your national health insurance provider in your home country before coming to St. Pölten to ensure that you can be treated in Austria in the event of illness without having to pay for it.

If you are not covered by such a health insurance agreement, you will need a medical insurance policy from your home country covering the time of your stay in Austria. The insurance policy must be arranged before your arrival in Austria.

People who need a visa or residence permit for entry into Austria must provide proof of health insurance when applying for the visa or residence permit.

For more information, please visit the website of the Austrian Exchange Service (ÖAD).

In Austria, there are doctors who have contracts with, and are paid directly by national health insurance providers. There are also doctors who do not have such contracts ("Wahlarzt") and will require payment from the patient. To be sure if your health insurance covers your medical appointment, always make sure to ask beforehand.

11.2. Accident and Liability Insurance

All students at USTP are members of the Austrian Students' Union (ÖH). At the beginning of the semester, each student has to pay a membership fee of currently € 25.20 per semester (membership fee + insurance). This also applies to incoming students. The insurance payment is forwarded to the insurance company 'Allianz Elementar Versicherungs AG' and provides an accident and liability insurance for the students.

Insurance is provided for all accident and liability issues in causal relation to the education (e.g., accidents in classrooms, during project weeks, work placements, on the way to or from the university, etc.). Accidents and liability matters in the private environment are not covered by this insurance.

For more information, go to the Website of the Students' Union.

12. Entry and Residence Requirements

We recommend that you familiarise yourself with the entry and residence requirements in Austria in good time before you come to Austria.

Click <u>here</u> to find out which visa or residence title you need.

12.1. Registration of Residence ('Meldezettel')

Every student must register their residence with the Austrian authorities within 3 days of moving to Austria / moving to a new accommodation. For the registration of residence, you have to fill in the 'Meldezettel' (download here). The Meldezettel must be duly signed by your student home or your landlord/landlady and submitted to:

Meldeamt St. Pölten, Rathaus	Office hours:	
Rathausplatz 1, 3100 St. Pölten	Mon, Wed, Thu:	7:30–16:00
tel. +43 (2742) 333-3023 -3024 or -3025	Tue:	7:30–18:00
email: meldeamt@st-poelten.gv.at	Fri:	7:30–13:00

Don't forget to bring your passport or ID Card. You can request an information sheet with detailed instructions on how to register your residence in Austria at the International Office.

12.2. Information for Nationals of EU/EEA countries & Switzerland

If you are a national of an EU/EEA country or Switzerland, you need no visa and enjoy freedom of domicile. If you have sufficient financial means to finance your stay in Austria and a valid health insurance covering all the necessary costs, you only need a valid travel document (passport or identity card) for entry and residence in Austria.

If you are going to stay in Austria for more than 3 months, you have to register with the competent municipal authority (Magistrat) within 4 months of your stay (!) and you will receive a Registration Certificate / 'Anmeldebescheinigung' (fee of approx. € 22). Here is a guide for filling in the application form.

Magistrat St. Pölten, Rathaus	Office hours:
Niederlassungs- und Aufenthaltsbehörde Rathausplatz 1, 3100 St. Pölten	Mon–Fri: 8:00–12:00
Contact:	
tel. +43 (2742) 333-2082, -2083 or -2084 email: niederlassungsbehoerde@st-poelten.gv.at	

For this registration, you have to enclose to the application photocopies of the following documents with the personally signed <u>application form</u> and additionally show only originals

- Filled-in and signed application form
- Valid identification card or passport
- Proof of health insurance covering your all risks for your stay in Austria (e.g., European Health Insurance Card, insurance policy, student insurance, etc.),
- Proof of sufficient financial means (e.g., deposit at an Austrian bank, traveller's cheques, bank statement, etc.):
- Confirmation of admission to USTP University of Applied Sciences St. Pölten.

This registration is necessary in addition to the registration of residence ('Meldezettel'). You can request an information sheet with detailed instructions on how to register as an EU/EEA/Swiss citizen in Austria at the International Office.

12.3. Information for Nationals of Other Countries (Third Countries)

If you do not have EU/EEA or Swiss nationality, you will need to apply for a visa or a residence title for your semester in Austria.

12.4. Notice of Departure ('Abmeldung' Section in the 'Meldezettel')

Every student is obliged to inform the Austrian authorities of their departure. To give a notice of departure, you have to fill in the section 'Abmeldung' in the 'Meldezettel'. The notice of departure must be given within three days before or after you move out of your registered accommodation in Austria.

13. Living in St. Pölten

13.1. Cost of Living

LIVING COSTS PER MONTH	EUR
Student dorm (excl. safety deposit)	~ 400.00
Food (excluding luxuries and tobacco)	~ 350.00
Study and personal requirements, books, culture, recreation	~ 400.00
TOTAL	approx. 1,150.00
AVERAGE PRICES	EUR
Cinema	~ 10.00
Entrance to clubs	~ 10.00–15.00
Sandwich at a bakery	~ 4.50
Coffee, tea	~ 4.00
Beer (0.5 I)	~ 4.00
Meal at the canteen	~ 6.00–8.00

13.2. Medical Facilities

General practitioners in St. Pölten:	Pharmacies:
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Dr. Elisabeth Hasenzagl

Dr. Adolf-Schärf-Str. 9

tel.: +43 676 / 622 15

tel.: +43 (2742) 34 84 34-0

https://traisenpark.at/zfg/allgemein-medizin/

Dr. Anna Klima

Herrengasse 1, Stiege 6

Tel.: +43 2742 353 205

email: ordination@drklima.at

https://www.drklima.at/Startseite/

Primary Healthcare Centre North

(closer to USTP)

Consultations in English and German

Austinstraße 85

3107 St. Pölten

+43 2742 40 499

ordination@pvznord.at

Please schedule an appointment beforehand!

Primary Healthcare Centre St. Pölten

(further away from USTP)

Consultations in English and German

Mathilde Beyerknecht-Str. 7

3104 St. Pölten

+43 2742 / 88 11 31

office@pvzstpoelten.at

Center Apotheke

Daniel-Gran-Str. 13, Super City Center

tel.: +43 (2742) 219 39

fax: +43 (2742) 219 39-15

http://www.center-apotheke.at

email: info@center-apotheke.at

Apotheke Traisenpark

Mag. pharm. Erich Zöchling

Dr.-Adolf-Schärf-Str. 5, Traisenpark

tel. +43 (2742) 34 83 00-0

fax: +43 (2742) 36 82 10

duties here.

https://www.apotheke-traisenpark.at

Pharmacies operate a rota system for night and Sunday duty. When a pharmacy is closed, a notice is displayed giving details of the nearest pharmacies that are open. You can also access information on current night and Sunday

Hospital: Emergency telephone numbers:

Landesklinikum St. Pölten	Fire brigade:	122
Propst-Führer-Str. 4	Police:	133
tel.: +43 (2742) 9004-0 fax: +43 (2742) 9004-65040	Ambulance:	144
www.stpoelten.lknoe.at email: office@stpoelten.lknoe.at	International Emergency Number:	112
	Mountain rescue:	140

13.3. Banks and Credit Cards

Most Austrian banks are open from Monday to Friday.

To open a bank account in a bank in St. Pölten, you need to make an appointment at the bank and you need to bring the following documents:

- · Valid passport or identification card
- Your enrolment confirmation
- Your 'Meldezettel'

You can request an information sheet with detailed instructions on how to open a bank account in Austria at the International Office.

Most businesses in Austria accept all major international credit cards.

13.4. Tourist Information

TOURIST INFORMATION OF THE CITY OF ST. PÖLTEN					
Address: Rathausplatz 1 3100 St.Pölten tel.: +43 2742/ 333 9 email: tourismus@s		Opening hours: November to March: • Mon-Fri: 08:00- 17:00	 April to October: Mon-Fri: 08:00- 17:00 Sat: 09:00- 17:00 Sun: 10:00- 17:00 		
USEFUL LINKS:					
Austria	www.lower-austria.info				
Lower Austria	www.niederoesterreich.at				
Vienna Tourism	www.wien-tourismus.at				

III. Erasmus Policy Statement

Erasmus Policy Statement: Erasmus Declaration on Higher Education Policy

An active and dynamic internationalisation policy is a key objective of USTP – University of Applied Sciences St. Pölten and therefore prominently anchored both in the mission and the strategy. The qualitative and quantitative expansion of all international activities aims at further promoting an open learning and innovation culture. In this context, special emphasis is placed on the promotion of interdisciplinarity, internationality, and innovative strength in order to contribute to a knowledge-based, open society and to lay the foundation for lifelong learning. USTP strives to enable its students to think globally, in networks and in terms of society as a whole. Furthermore, they are taught to develop an astute social commitment and act as competent and responsible citizens who see themselves as part of a united European community. The Erasmus programme and the alignment with common principles of the European Higher Education Area play a central role in pursuing these objectives.

USTP is committed to the continuous improvement of its intensive collaboration with partners and universities in other countries within the framework of European **cooperation projects** and research activities as well as the language and intercultural skills of students, teachers and administrative staff, and the attractiveness of USTP for international students, teaching staff, and researchers. The ambitious strategic goal is to ensure that every graduate of USTP has gained at least one international and/or interdisciplinary experience during their time at USTP.

By means of the increased expansion of **English-language as well as intercultural and interdisciplinary study programmes**, USTP makes an effort to become an attractive place to study for international students. International networks of teaching and administrative staff play a central role in this context.

The academic mobility of students, teachers, and administrative staff remains at the core of the internationalisation agenda of USTP. The target is to generate high-quality mobilities

with an annual growth rate roughly 5% in academic mobility. The mobilities to and from Erasmus programme countries are the most important component in terms of these figures. The consistent compliance with the quality standards of the Erasmus programme (use of ECTS, learning and training agreement, diploma supplement, etc.) applies correspondingly as a guideline for other mobility programmes as well.

The USTP service unit International Office **informs**, **advises**, **and supports** all incoming and outgoing persons in organisational and administrative matters pertaining to their mobilities. A particular focus is placed on counselling non-traditional students and encouraging them to engage in international exchanges. International Coordinators in the study programmes are a key interface between teaching staff and the service unit International Office. The "Erasmus Student Network" features students advising and supporting incoming fellow students.

Most (but not all) mobilities take place with **partner universities**. Incoming and outgoing mobility in the form of so-called "free movers" is encouraged but happens to a considerably lesser extent. Another goal is networking with the cooperation partners in the fields of teaching and research. The mobility activities have their geographical focus within Europe. Partner institutions are selected primarily according to the compatibility of study programmes and their teaching language(s). However, the ties to partner countries predominantly in the USA and South Africa are supposed to be strengthened and expanded through the new global component of the Erasmus programme generation. Additionally, USTP strives to make increasing use of the opportunities offered by **KA107 "International Credit Mobility"** in this context.

A key strategic goal is the promotion of the **internationalisation in the curricula**, particularly including the advancement and adaptation of mobility windows in all study programmes, the use of digital tools such as MOOCs, the internationalisation of courses, and the implementation of short-cycle mobilities such as blended learning, summer schools, etc. The experience gained through successfully implemented, currently ongoing international semester formats like the "iLab" and the "European Project Semester" (EPS) is invaluable in this endeavour.

Short-cycle formats as an affordable and low-threshold type of mobility are supposed to feature prominently in addition to "traditional" semester mobility in the form of studying and internships abroad. The idea is to further promote inclusion by reaching a larger group of

persons, e.g., part-time students (who account for a continuously growing number of students) and non-traditional students. USTP intends to work out and implement a concept for recording these mobilities. In this context, a special focus is on the expansion of **Blended Mobilities** by using the corresponding opportunities offered by the Erasmus programme 2021-2027. The annual inter-departmental **International Week** is to be developed further to include as many study programmes as possible and to make the week an integral part of their curricula.

A mobility software is used to promote the **digitalisation**, professionalisation, and administrative simplification in the handling of mobilities and cooperation agreements. In this way, USTP also strives to implement the targets of "Erasmus without Paper" and, as a consequence, to support the efforts for the realisation of the European Student Card.

In order to achieve its internationalisation goals, USTP plans to increasingly participate in cooperation projects under Key Action 2 as well as knowledge transfer projects in general. In this respect, the submission of an application of a "European University" deserves special mention. In 2020, USTP took the lead in a consortium which submitted a project with the objective of empowering European regions and promoting collaboration of medium-sized towns in smaller EU countries – with a focus on entrepreneurship and innovation. In case the European University project application is not granted, USTP strives to implement selected aspects of the project with the currently involved institutions (and potential new partners), provided that the financial, personnel, and temporal resources allow for such an endeavour (which may take place under Key Action 2 such as Strategic Partnerships or Knowledge Alliances). In the course of the next Erasmus programme generation, the submission of an Erasmus Mundus Joint Master Programme is planned as well. The already submitted Knowledge Alliance, Sector Skills Alliance and Strategic Partnership projects will - if they are approved - make further important contributions to the internationalisation and modernisation of the curricula, the teaching and learning methods, and the intensification of the relationships with the respective project partners and sectors. Within the constraints of temporal, financial, and personnel resources required for the submission and implementation of such projects as well as the dissemination of the results, USTP is planning on increasing its active participation in Erasmus cooperation projects. The service unit International Office offers professional assistance in the execution of the projects.

The Board of USTP has launched a **sustainability** committee. Climate-friendly forms of mobility by bus or train as an alternative to air travel and a focus on Blended Mobilities offer

possibilities to make internationalisation activities as sustainable as possible. Furthermore, plans are being made to gradually increase the range of activities pertaining to sustainability and digitisation in teaching and research, provided that these endeavours are adequately financed and approved nationally.